Make every day count.

Your printable companion to the final three weeks

NAME _____ START DATE _____

EXAM DATE _____ TARGET DIET _____

Your daily study plan

My goal on a study day: 4 / 5 / 6 hours (circle one)

Notes: _____ hours MCQs: _____ hours Review: _____ hours

After nights: sleep first. Move study to your next day off.

Pick a daily goal. You can split it into short blocks.

The three-week route

01 **30 DEC – 5 JAN**
Science, pharma, cardio, respiratory, neuro, gastro.

02 **6 – 12 JAN**
Endocrine, renal, rheumatology, infection, blood, oncology.

03 **13 – 19 JAN**
Skin, older patients, eyes, palliative, psych; revise again.

ONE RULE

Revise what you have learnt. This is not the time to start new topics.

Use the checklist on the next pages to keep breadth across all 17 blueprint headings.

The revision checklist.

Major systems and the science you must revisit

Tick each column only when you have reviewed it. Blueprint question counts are indicative.

SPECIALTY / LIKELY QUESTIONS	NOTES	MCQs	HIGH-YIELD
Cardiology About 14 questions	☐	☐	☐
Clinical Pharmacology & Therapeutics About 15 questions	☐	☐	☐
Clinical Sciences About 25 questions	☐	☐	☐
Dermatology About 8 questions	☐	☐	☐
Endocrinology, Diabetes & Metabolic Medicine About 14 questions	☐	☐	☐
Gastroenterology & Hepatology About 14 questions	☐	☐	☐
Geriatric Medicine About 8 questions	☐	☐	☐
Haematology About 10 questions	☐	☐	☐
Infectious Diseases About 14 questions	☐	☐	☐

Clinical Sciences also includes anatomy, biochemistry, physiology, genetics, immunology, cell and molecular biology, and statistics / epidemiology.

The revision checklist.

Protect breadth: the smaller areas still count

Tick each column only when you have reviewed it. Blueprint question counts are indicative.

SPECIALTY / LIKELY QUESTIONS	NOTES	MCQs	HIGH-YIELD
Neurology About 14 questions	☐	☐	☐
Oncology About 5 questions	☐	☐	☐
Medical Ophthalmology About 4 questions	☐	☐	☐
Palliative Medicine & End of Life Care About 4 questions	☐	☐	☐
Psychiatry About 9 questions	☐	☐	☐
Renal Medicine About 14 questions	☐	☐	☐
Respiratory Medicine About 14 questions	☐	☐	☐
Rheumatology About 14 questions	☐	☐	☐

Finish with a plan.

A practical next step, if you want a guided final revision

Your last-week check

- [ ] My incorrect and uncertain MCQs have been reviewed.
- [ ] I have revisited basic sciences and pharmacology more than once.
- [ ] My final mock is complete and I have checked my mistakes.
- [ ] My test-centre travel, ID and exam-day timing are checked.
- [ ] I have left time for sleep and recovery.

PLANNED START: 7 JANUARY 2027 / MRCP PART 1

Need structure for the final stretch?

The Intellect Medicos Crash Course brings together rapid system revision, concise high-yield notes, flashcards, live question discussion and a grand mock. Check the current course page for confirmed January dates and availability.

EXPLORE THE MRCP PART 1 CRASH COURSE →

This checklist is a planning aid, not a prediction of the next paper.
Verify current exam details with the Federation before your sitting.